ASSIGNMENT 6

Textbook Assignment: "Sterilization and Disinfection," chapter 10, pages 10-1 through 10-21.

| 6-1. | What process allows for the highest level of contamination control? | 6-6. | In what area of the CSR will a dental assistant take contaminated instruments after completion of a patient's treatment? |
|------|---|-------|--|
| | 1. Chemical | | • |
| | 2. Ultrasonic | | 1. Issue |
| | 3. Disinfection | | 2. Receiving |
| | 4. Sterilization | | 3. Processing |
| | | | 4. Sterile storage |
| 6-2. | Which of the following sterilization methods is | | |
| | preferable for all equipment and materials? | 6-7. | What type of gloves, if any, should you wear when handling all potentially contaminated items? |
| | 1. Gas | | |
| | 2. Heat | | 1. Latex |
| | 3 Ethylene oxide | | 2. Surgical |
| | 4: Chemical vapor | | 3. Heavy duty, puncture-resistant |
| | | | 4. None; all contaminated items are disposed of |
| 6-3. | What area of the DTF is designed for receiving, | | as hazardous materials |
| | cleaning, processing, sterilizing, storing, and issuing | | |
| | instruments and equipment? | 6-8. | Disinfectant used to decontaminate items before handling will be approved by what agency? |
| | 1. CRS | | |
| | 2. SRC | | 1. CDA |
| | 3. CSR | | 2. AAA |
| | 4. CPR | | 3. ADA |
| | | | 4. EPA |
| 6-4. | Which chart tells CSR personnel the specific order | | |
| | equipment, instruments, and materials are to be | 6-9. | What cleaning process is safer and more effective |
| | processed? | | than manual scrubbing? |
| | 1. Figure eight | | 1. Dip tank only |
| | 2. Functional area | | 2. Ultrasonic only |
| | 3. Functional flow | | 3. Both 1 and 2 above |
| | 4. Functional system | | 4. Automated processor |
| 6-5. | In what area of the CSR will the disinfection, cleaning, and lubrication of dental handpieces take place? | 6-10. | How many sinks allow personnel to perform the manual scrubbing method? |
| | place: | | 1. One |
| | 1. Receiving and cleaning | | 2. Two |
| | Receiving and cleaning Sterilization | | 3. Three |
| | 3. Processing | | 4. Four |
| | C | | 4. Four |
| | 4. Issue | 6-11. | What type of an effect does an ultrasonic cleaner provide? |
| | | | 1. Cavitation |
| | | | 2. Positive |
| | | | |

3. 4. Gravity Ion

- 6-12. What maximum amount of minutes should instruments be processed in the ultrasonic cleaner to prevent damage?
 - 1. Seven
 - 2. Two
 - 3. Three
 - 4. Five
- 6-13. For proper operation, the ultrasonic reservoir should be filled to what level with an ultrasonic solution?
 - 1. 2" from the bottom
 - 2. 2" from the top
 - 3. 1/4 to 3/4's full
 - 4. 1/2 to 3/4's full
- 6-14. How often must ultrasonic solutions be changed?
 - 1. Daily only
 - 2. When visibly contaminated only
 - 3. Both 1 or 2 above
 - 4. Monthly
- 6-15. You should remove instruments from the ultrasonic unit by which of the following means?
 - 1. Your hands
 - Mesh basket
 - 3. Instrument tongs
 - 4. Ultrasonic retriever
- 6-16. Before drying the instrument, what is the next step in the sterilization process?
 - 1. Inspection
 - 2. Packaging
 - 3. Wrapping
 - 4. Storing
- 6-17. What wrapping material is suitable for both steam and dry heat sterilization?
 - 1. Polypropylene
 - 2. Cellophane
 - 3. Peel packs
 - 4. Muslin
- 6-18. How are hinged instruments arranged during packaging?
 - 1. Top to bottom
 - 2. Open
 - 3. Closed
 - Sideways

- 6-19. To allow steam to circulate freely, how should packs be wrapped?
 - 1. Open
 - 2. Tight
 - 3. Loosely
 - 4. Together
- 6-20. The sterilizer's identification numbers, preparer's initials, dates of sterilization, the expiration date, and the identification number are labeled on packs, instruments and supplies after wrapping with which, if any, of the following materials?
 - 1. Preprinted parameter tape
 - 2. Preprinted indicator tape
 - 3. Preprinted stickers
 - 4. None of the above
- 6-21. The period during which sterilized items are considered safe for use is known by which of the following terms?
 - 1. Safe zone
 - 2. Shelf-life only
 - 3. Expiration date only
 - 4. Both 2 and 3 above
- 6-22. What type of related shelf-life presumes continued sterility until the package is damaged, wet, or tom?
 - 1. Pack
 - 2. Time
 - 3. Event
 - 4. Damaged
- 6-23. What type of related shelf life presumes that after the expiration date the item is considered outdated and should not be used?
 - 1. Pack
 - 2. Time
 - 3. Event
 - 4. Damaged
- 6-24. When using the event-related method, how often are sterilizers biologically monitored?
 - 1. Weekly
 - 2. Bi-weekly
 - 3. Monthly
 - 4. Quarterly

| 6-25. | What is the shelf life for nonwoven blue wrap using the time-related method? | 6-32. | What type of sterilizer was designed to overcome the trapping of air in the chamber? |
|-------|--|-------|---|
| | 1. Indefinite | | 1. Air-free |
| | 2. 635 days | | 2. Dry heat |
| | 3. 365 days | | 3. Chemical vapor |
| | 4. 30 days | | 4. Prevacuum steam |
| 6-26. | What occurs when freshly sterilized items are placed on metal or cold surfaces? | 6-33. | What is the least expensive form of heat sterilization? |
| | 1. Contamination | | 1. Air free |
| | 2. Become oily | | 2. Dry heat |
| | 3. Nothing | | 3. Chemical |
| | 4. Stick | | 4. Gravity displacement |
| 6-27. | When storing sterilized items, how should they be arranged? | 6-34. | To sterilize wrapped instruments in a prevacuum steam sterilizer, what is the operating time and temperature for sterilizing? |
| | 1. Alphabetically | | |
| | 2. Expiration, with later dates toward the front | | 1. 4 minutes at 131°F |
| | 3. Expiration, with later dates toward the rear | | 2. 4 minutes at 270°C |
| | 4. Contents only, with later dates toward the | | 3. 4 minutes at 270°F |
| | front | | 4. 4 minutes at 320°C |
| 6-28. | At what temperature are all known organisms killed? | 6-35. | All Navy prevacuum sterilizers will be tested how often using a Bowie- Dick type test? |
| | 1. 150°F | | 1. Quarterly |
| | 2. 121°F | | 2. Monthly |
| | 3. 220°F | | 3. Weekly |
| | 4. 250°F | | 4. Daily |
| 6-29. | A steam sterilizer may be referred to by what other name? | 6-36. | How often is the interior of a steam sterilizer cleaned before heating? |
| | 1. Old rusty | | 1. After each use |
| | 2. Autoclave | | 2. Daily |
| | 3. Autosteam | | 3. Monthly |
| | 4. Dry heat | | 4. After every 5 cycles |
| 6-30. | What is a typical standard cycle for steam sterilization using gravity displacement? | 6-37. | What is the typical dry heat cycle? |
| | 2 | | 1. 90 minutes at 320 - 345°F |
| | 1. 121°C, 20 minutes, 30 psi | | 2. 90 minutes at 345°C |
| | 2. 121°C, 30 minutes, 20 psi | | 3. 90 minutes at 300°F |
| | 3. 121°C, 25 minutes, 15 psi | | 4. 90 minutes at 375°F |
| | 4. 121°C, 15 minutes, 15 psi | | |
| 6-31. | When placing packages in a sterilizer, how are they placed? | 6-38. | How often is biological monitoring performed on a dry heat convection unit? |
| | piaco: | | 1. Quarterly |
| | 1. On the edges | | 2. Monthly |
| | 2. On top | | 3. Weekly |
| | 3. In middle | | 4. Daily |
| | 4. On bottom | | 2011) |
| | On contoin | | |

| 6-39. | What percent of water content, if any, occurs with chemical vapor sterilization? | 6-45. | What type of sterilization monitor will change color upon short exposure to sterilizing conditions? |
|-------|--|-------|--|
| | | | |
| | 1. 10 | | 1. Internal |
| | 2. 15 | | 2. External |
| | 3. 30 | | 3. Biological |
| | 4. None of the above | | 4. Incubator type |
| 6-40. | During ethylene oxide sterilization, using a heated unit, how many hours is sterilization achieved if the temperature is 120°? | 6-46. | What type of sterilization monitor will change color when exposed to steam, dry heat, or chemical vapor? |
| | 1. One | | 1. Internal |
| | 2. Two only | | 2. External |
| | 3. Three only | | 3. Universal |
| | 4. Both 2 and 3 above | | 4. Biological |
| 6-41. | If using a salt sterilizer, what type of material is used to line the well of the sterilizer to prevent corrosion? | 6-47. | What type of sterilization monitor will assess whether sterilization actually occurred? |
| | | | 1. Internal |
| | 1. Lead foil | | 2. External |
| | 2. Waxed paper | | 3. Universal |
| | 3. Aluminum foil | | 4. Biological |
| | 4. Metal protector | | |
| | | 6-48. | At a minimum, how often will biological monitoring |
| 6-42. | What agency classifies chemical disinfectants and | | be performed? |
| | sterilants? | | |
| | 4.54 | | 1. Monthly |
| | 1. ADA | | 2. Weekly |
| | 2. ATF | | 3. Daily |
| | 3. FDA | | 4. Both 2 and 3 above |
| | 4. FCC | c 40 | W741 1.4 |
| c 12 | William 1 C 1 1 1 C | 6-49. | Within what area of a sterilizer should biological |
| 6-43. | What is the most effective and preferred method of sterilization for autoclavable handpieces? | | spore strips or ampules be placed? |
| | 1 | | 1. Top rack |
| | 1. Dry heat | | 2. Bottom rack |
| | 2. Chemical | | 3. Most accessible |
| | 3. Ethylene oxide | | 4. Least accessible |
| | 4. Steam autoclave | | |
| | | 6-50. | What is the first step to be performed when positive |
| 6-44. | What is the most effective and preferred method of sterilization for plastic impression trays? | | biological monitoring occurs? |
| | stermization for plastic impression trays: | | 1. Notify dental repair personnel |
| | 1. Dry heat | | 2. Notify commanding officer |
| | 2. Ethylene oxide | | 3. Notify ICO |
| | 3. Steam autoclave | | 4. Notify COI |
| | 4. Chemical disinfectants | | 11041, 001 |
| | Chemical dismostants | 6-51. | What type of sterilization monitor, if any, is used for liquid sterilants? |
| | | | 1. Internal |
| | | | 2. External |
| | | | |

3.

Biological None of the above

- 6-52. Disinfection is a more lethal process than sterilization.
 - 1. True
 - 2. False
- 6-53. Which of the following levels of disinfectants are classified by the EPA?
 - 1. Low, middle, and high
 - 2. Low, high, and medium
 - 3. Maximum, low, and high
 - 4. Intermediate, high, and low
- 6-54. What two types of micro-organisms are killed by all three levels of disinfection?
 - 1. Bacterial spores and non lipid viruses
 - 2. Tubercle bacillus and lipid viruses
 - 3. Lipid viruses and vegetative spores
 - 4. Lipid viruses and vegetative bacteria
- 6-55. What are the three factors that influence germicidal procedures?
 - 1. Bioburden, nature of the material, and organic debris present
 - Organic debris present, type of sterilizer, and bioburden
 - 3. Nature of the material, bioburden, and packaging
 - 4. Bioburden, packaging, and type of sterilizer
- 6-56. What effect on time, if any, does high levels of a chemical agent have when a chemical disinfection is used?
 - 1. Four hours
 - 2. Six hours
 - 3. Longer
 - 4. Shorter
- 6-57. What level of a disinfectant and sterilant are glutaraldehyde-based solutions classified?
 - 1. Medium
 - 2. High
 - 3. Low
 - 4. Both 2 and 3 above

- 6-58. Which of the following is a disadvantage when using chlorine dioxide-based solutions?
 - 1. Has a 24-day use life as a sterilant
 - 2. Does not readily penetrate inorganic debris
 - 3. Must be discarded daily
 - 4. All of the above
- 6-59 Protective eyewear and gloves are not required when using chemical agents.
 - 1. True
 - 2. False
- 6-60. The biocidal activity of iodophors is accomplished with how many minutes of exposure?
 - 1. 1 to 25
 - 2. 10 to 25
 - 3. 15 to 25
 - 4. 20 to 25
- 6-61. What level of disinfection are iodophors and phenolics classified?
 - 1. Intermediate
 - 2. High
 - 3. Middle
 - 4. Low
- 6-62. All semicritical category items should receive what level of disinfection?
 - 1. Intermediate
 - 2. High
 - 3. Middle
 - 4. Low
- 6-63. All noncritical category items require at least what level of disinfection?
 - 1. Intermediate
 - 2. Middle
 - 3. High
 - 4. Low